

2020/2021 Epic Gymnastics Procedures

Our number one priority is keeping everyone healthy, safe and happy!!

Due to Covid-19, there are procedures the gym needs to follow in order to keep our athletes and staff safe. The locker rooms are currently closed. Each gymnast will bring a bag to put all of their belongings into (clothes, shoes, water bottle, any personal items). Please pack a water bottle as our fountains are currently shut off. When entering the gym and lobby all athletes (ages 3+) will need to wear a mask. Children 3 and under will be allowed one adult (with mask) to accompany them into the lobby area until they are called into the gym. All entering will be met at the front door where their temperature will be taken. Athletes with a temperature lower than 100.4 will be allowed to enter the lobby where they will sit down and place all belongings into their bag. Once the coach opens the gym door they will walk in and be able to take their mask off and place in their bag. All Epic Coaches will wear masks for the entire workout. All athletes will enter through our main front door and will be released to their guardian through the side door of the gym. We will not release anyone until we see you are there.

We have introduced SPOT TV to the gym so you can watch your child's workout from anywhere! You will be given a pamphlet with directions to sign up the first day of classes. When signing up, please make sure you are selecting the correct level your child is in. If you have any problems, please call the front desk. (732-223-5020)

Need to pick up your athlete early? Call the front desk, and we will release them out the side door to you.

The gym is disinfected every day and cleaned in between all rotations and workouts.

IT'S TIME FOR FUN! We can't wait to see everyone at the gym!

Thanks!

Epic Gymnastics