



# EPIC GYMNASTICS

## SUMMER PROGRAMS 2026

GYMNASTICS \* JR GYM \* TUMBLING \* TRAMPOLINE \* PENDO KARATE \* CAMPS \* TEAM TRAINING

Who's ready for an EPIC summer?!

We're offering exciting classes and camps for our amazing athletes of all ages and levels! Train in our fully air-conditioned, 20,000 sq. ft. state-of-the-art facility, packed with top-of-the-line equipment—perfect for everyone from our tiniest gymnasts to our older, more advanced athletes. At Epic, we believe summer is the time to keep growing, learning, and getting stronger. We want our athletes to continue training, build confidence, and never lose their momentum.

Let's make this summer unforgettable!

### GYMNASTICS (8 WEEK SESSION)

**Girls Gym 1 / Girls Gym 2/3 / Girls Gym 4 / Girls Gym 5** 60 min class  
Tuesday Thursday 4:00/5:00/6:00

Wednesday 9:00/10:00/11:00/4:00/5:00/6:00

**Twister Team** - Wednesday 1:00-3:00

**Boys Gym** 60 min class  
Tuesday, Wednesday, Thursday 4:00/5:00

**Tumbling & Trampoline** 60 min class  
Tuesday, Wednesday, Thursday 4:00/5:00/6:00

**Junior Gymnastics (Me & You, Mini, Mighty)**

**Me & You** (1-2 Yrs.) 30 min class  
Wednesday 9:00/9:30, 3:00/3:30  
Tuesday, Thursday 4:00/4:30/5:00

**Me & You** (2-3 Yrs.) 45 min class  
Wednesday 9:00/10:00/11:00/3:00  
Tuesday, Thursday 4:00/5:00

**Mini Gym\*** (potty trained) (3 Yrs.) 45 min class  
Wednesday 9:00/10:00/11:00/3:00/4:00/5:00/6:00  
Tuesday, Thursday 4:00/5:00/6:00

**Mighty Gym** (4/5 Yrs.) 60 min class  
Wednesday 9:00/10:00/11:00/12:00/3:00/4:00/ 5:00/6:00  
Tuesday, Thursday 4:00/5:00/6:00

### GYMNASTICS DAY CAMP (1-8 WEEKS)

Gymnastics, Tramp, Gym Games & Daily Activities (Coed 6-12 Yrs.)  
Weekly: Monday - Friday 9am-12pm / Full Week

Week 1: July 6<sup>th</sup> - 10<sup>th</sup>      Week 5: August 3<sup>rd</sup> - 7<sup>th</sup>

Week 2: July 13<sup>th</sup> - 17<sup>th</sup>      Week 6: August 10<sup>th</sup> - 14<sup>th</sup>

Week 3: July 20<sup>th</sup> - 24<sup>th</sup>      Week 7: August 17<sup>th</sup> - 21<sup>st</sup>

Week 4: July 27<sup>th</sup> - July 31<sup>st</sup>      Week 8 August 24<sup>th</sup> - 28<sup>th</sup>

### pendo KARATE (8 WEEK SESSION)

Kinder Karate (3-4 Yrs) - Tue 4:15-4:45, Wed 4:15-4:45

Intermediate 1/2 (W/B/Y/O 4-9 Yrs) - Tue 4:45-5:45, Wed 4:45-5:45  
(4 Yr Old must be Blue Belt)

Advanced 1 (Gr/P) - Tue 5:45-6:45, Wed 5:45-6:45

Advanced 2 (Br) - Tue 5:45-6:45, Wed 5:45-6:45

Black Belt Tue 6:45-7:45



Summer Camp and Class Registration Form  
on Back / Or Register On Our Website!  
[EPICGYMNJ.COM](http://EPICGYMNJ.COM)

## Summer Registration Form (Print & Use Separate Form for Each Student)

Mail or deliver with Check/Money Order made out to Epic Gymnastics / Credit Cards & Cash accepted in person at Epic Gymnastics.

**Waiver & Release of Liability:** I/We understand that Gymnastics and Karate are vigorous sporting activities which may involve height & rotation in a unique environment and as such pose serious risk of injury, including catastrophic injury, paralysis and even death. Epic Gymnastics, Pendo Karate and its employees will be held harmless from any injury that may occur. Submitting this Form indicates I have read, understand, and agree with this Waiver/Release of Liability.

Student's Name: \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_  Girl  Boy

Medical Issues: \_\_\_\_\_ Current 2026 Class: \_\_\_\_\_ Siblings Enrolled: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Parent's Signature: \_\_\_\_\_

Home Address: \_\_\_\_\_  
(Street) \_\_\_\_\_ (Town) \_\_\_\_\_ (State) \_\_\_\_\_ (Zip) \_\_\_\_\_

Main Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Summer Session (8 weeks): July 6th - August 28<sup>th</sup> 2026 Class Type/Day/Times Choice: \_\_\_\_\_

### Office Use Only

Amount Paid: \_\_\_\_\_

CK/CC/CASH : \_\_\_\_\_

Date Paid: \_\_\_\_\_

Tuition: \_\_\_\_\_

Reg Fee: \_\_\_\_\_

Discounts: \_\_\_\_\_

Total: \_\_\_\_\_

SB

RB

TS

### CLASS TUITION

Class Length	Gym/T&T 8Wks	Karate 8Wks
1/2 Hour	\$210	\$155
3/4 Hour	\$245	
1 Hour	\$265	\$255
2 Hours	\$425	\$400

### SUMMER REGISTRATION

**Summer Registration & Insurance Fee: \$30/New Student or \$45/New Family**

### DISCOUNTS

**Family:** Additional family members enrolled in same Session deduct 15% from Tuition.

**Multiple Classes:** Deduct 15% from Tuition of each additional class taken by the same Student in the same Session. \*Does not apply to Camps

**Camps:** No Discounts on previous Weeks when adding additional Weeks. Additional Weeks added at discounted rate if applicable.

**All Discounts:** Must be computed by Epic Staff to be valid.

### SUMMER CAMP TUITION - WEEKLY

**Gymnastics Camps (5 Days/Week/3 Hours per Day) \$225/Week**

**Multiple Week Discount: 2-4 Weeks 10%; 5-8 Weeks 20%**

**2351 HIGHWAY 34  
MANASQUAN, NJ 08736**

**732-223-5020**

**INFO@EPICGYMNJ.COM  
(GENERAL CLASS & JUNIOR GYM INFO)**

**TEAM@EPICGYMNJ.COM  
(TEAM INFO)**



**pendo**  
KARATE

**WWW.EPICGYMNJ.COM  
WWW.PENDOKARATE.COM**